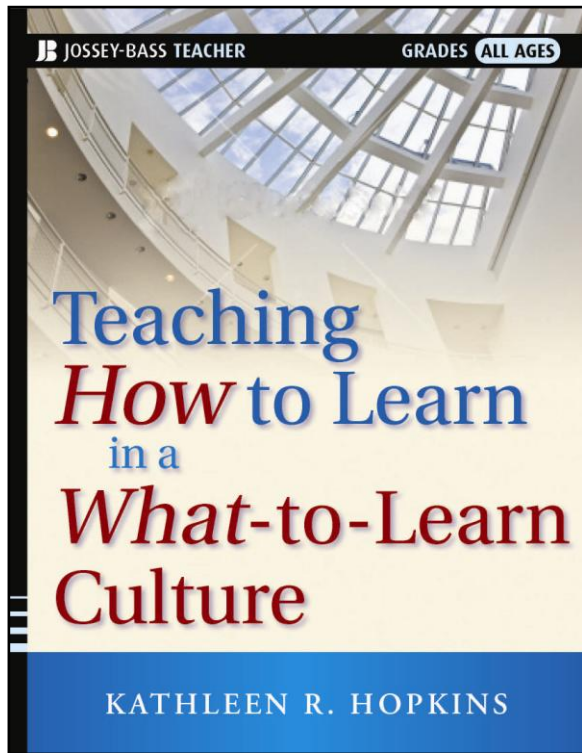


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Teaching How to Learn in a What-to-Learn Culture

Kathleen R. Hopkins

Although there are ample resources on how to teach reading, math, science, or other types of academic content, there is comparatively little guidance for teachers on how students learn and why. Can intelligence be developed? Do teacher expectations shape student learning? How can teachers help students work through challenging learning situations on their own? This book is for any teacher who has students who struggle and who wants learning to stick. The book reveals, for example, that intelligence is largely the ability to recognize and make connections--and that this ability is fluid and modifiable.

Teaching How to Learn in a What-to-Learn Culture includes practices in the following areas:

- Developing perseverance and diligence in work habits
- Cultivating reasoning skills for problem solving
- Improving verbal and written expression
- Strengthening auditory and visual processing skills
- Building attention and focusing skills
- Developing reading, writing, and mathematical fluency

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Kathleen R. Hopkins, Ph.D., is executive director of National Institute for Learning Development (NILD), an international organization dedicated to meeting the needs of students who have difficulty learning, including those with and without specific learning disabilities. NILD offers educational intervention services to schools and districts (serving students in both individual and group settings), conducts teacher professional development programs as well as a certification program training classroom teachers in its educational therapy/learning model, and stages 2-day annual conferences featuring prominent learning and special education specialists, plus four regional teacher-training conferences at which about 600-900 general and special education teachers typically attend. NILD also offers supplemental and after-school learning development (tutoring) programs at over 35 school sites through Discovery, Inc., a subsidiary organization. Based in Norfolk, Virginia, NILD is active in over 32 countries as well as the U.S. and Canada.